

2020 MWCAA Corporate Cup Relays

Event Schedule

(as of 03/7/2017)

start time **CCR Event Order:**

6:30 AM	Registration begins for 5K & 10K events
7:45 AM	10K Run (Div. 1)
9:00 AM	5K Run (Div. 1, 2 & 3)
9:05 AM	5K Walk (Div. 1)
10:10 AM	Break for team pictures (morning events)
10:30 AM	Team Shot Put (Div. 1 & 2)
10:30 AM	Team Jump (high & long) (Div. 1)

Events on the track:

12:00 PM	Sprint Relay (Div 3)
12:10 PM	Submaster Sprint Relay (Div. 2)
12:20 PM	Submaster Sprint Relay (Div. 1)
12:30 PM	Distance Relay (Div. 1)
1:00 PM	Executive Relay (Div. 1)
1:20 PM	4x100 (Div. 3)
1:25 PM	4x100 (Div. 2)
1:30 PM	4x100 (Div. 1)
1:35 PM	Women's Relay (Div. 1)
1:45 PM	Submaster Distance Relay (Div. 1) & (Div. 3) Distance Relay
2:05 PM	Masters Relay (Div. 2)
2:15 PM	Michigan Special Olympics 100m dash
2:30 PM	Break for team pictures (afternoon events)
2:40 PM	Pyramid Relay (Div. 1)
2:55 PM	3 Lap Sprint (Div. 2)
3:00 PM	3 Lap Sprint (Div. 1)
3:15 PM	Masters Relay (Div. 1)
3:30 PM	Women's 800m (Div. 1)
3:45 PM	Men's Mile (Div. 1)
4:00 PM	Open Mile (Div. 2)
4:15 PM	Sprint Relay (Div. 1)

Div. 1 competes in all events

Indicates a Div. 2 event

Indicates a Div. 3 event